

13a
Hospital Name: _____
EMERGENCY NURSING RECORD
Flu Like Sx / Flu Exposure
 Fall 2009 – Spring 2010

TRIAGE DATE _____ TIME _____
 emergent urgent non-urgent

NAME: _____
D.O.B: _____ **AGE:** _____ **M / F**
HISTORIAN: patient paramedics family _____
ARRIVAL MODE: car ³EMS³ police _____
PCP: none _____
IMMUNIZATIONS: current / referral _____
 Flu (seasonal / H1N1) _____ pneumovax _____

TREATMENT PTA see EMS report IV O₂ _____
 last blood glucose _____ ★ ASA _____

VITALS
BP _____ / _____ **P** _____ **RR** _____ **temp** _____ **TM O R Ax**
SaO₂ _____ **RA / O₂** _____

PAIN LEVEL current: _____ / 10 max _____ / 10 acceptable _____ / 10
 scale used _____ quality _____ location _____

CHIEF COMPLAINT flu like symptoms *flu exposure _____
 *exposure to influenza type A / B / novel H1N1 suspected / confirmed
 started _____ hrs / days ago sudden onset _____
 recent travel _____ days ago location: _____

*fever / chills _____ body aches _____
 *runny nose _____ lethargic _____
 *sinus pain / drainage _____ SOB / wheezing _____
 *sore throat / hoarseness _____ vomiting / diarrhea _____
 *cough dry productive _____

ALLERGIES NKDA _____
 drug - PCN / ASA / sulfa / latex / codeine / iodine _____
 food - _____

MEDS none see med list _____

PAST MEDICAL HX negative
 asthma / heart dz. / HTN / COPD / diabetes: insulin _____
 past surgeries none _____

SOCIAL HX
 attends school name _____
 # of people living in home _____ lives in house apt other _____
 ★ have you smoked in past 12 months _____ ppd counseling performed
 drugs / alcohol _____
 ^TB exposure / symptoms _____
 ^has been physically hurt or threatened by someone close _____
 ^fall risk screen completed _____

LNMP _____ G _____ P _____ Ab _____ pregnant / postmenop / hyst

RN Signature _____

*=see CDC protocols on back of order sheet

TIME TO ROOM: _____ ROOM: _____
¹INITIAL ASSESSMENT¹ TIME: _____

GENERAL APPEARANCE
 ___ no acute distress ___ mild / moderate / severe distress
 ___ alert ___ anxious / decreased LOC

FUNCTIONAL / NUTRITIONAL ASSESSMENT
 ___ independent ADL ___ assisted / total care
 ___ appears well ___ obese / malnourished
 ___ nourished / hydrated ___ recent weight loss / gain

RESPIRATORY
 ___ no resp distress ___ mild / moderate / severe distress
 ___ nml breath sounds ___ wheezing / rales / rhonchi
 ___ decreased breath sounds
 ___ retractions / splinting
 ___ accessory muscle use
 ___ orthopnea / exertional SOB / tripod
 ___ stridor

CVS
 ___ regular rate ___ tachycardia / bradycardia
 ___ pulses strong ___ pulse deficit
 ___ cap refill less than 2 sec ___ cap refill greater than 2 sec
 ___ skin warm & dry ___ cool / diaphoretic
 ___ pale / cyanotic / mottled

NEURO
 ___ oriented x 3 ___ disoriented to person / place / time
 ___ confused
 ___ weakness / sensory loss

ENT
 ___ nml ENT inspection ___ nasal drainage
 ___ sputum
 ___ sinus pain / pressure

ABDOMEN
 ___ nml inspection ___ tenderness / guarding / rebound
 ___ soft, non-tender ___ rigid / distended
 ___ bowel sounds nml ___ bowel sounds hyper hypo absent

EXTREMITIES
 ___ non-tender ___ calf tenderness
 ___ moves all extremities ___ limited ROM
 ___ no pedal edema ___ pedal edema

ADDITIONAL FINDINGS

| INITIAL ACTIONS | | INIT |
|-----------------|--|----------------------------|
| TIME | *face mask | *isolation respiratory neg |
| | Infectious dz info discussed with patient / family | |
| | ID band applied | ID band verified |
| | disrobed / gowned | blanket provided |
| | bed low position | side rails up x1 x2 |
| | call light in reach | head of bed elevated |

Nurse Signature _____

^ protocol available ★ core measures for Pneumonia / AMI

Pt. Name _____

ACTIONS

| | |
|---|------|
| TIME | INIT |
| ⁴ cardiac monitor ⁴ | |
| pulse oximeter O ₂ _____ L via NC / ⁵ mask ⁵ / ⁵ NRB ⁵ | |
| ² Accu-Chek ² | |
| ³ emesis / incontinence care ³ | |
| ready for Dr eval. notified doctor / seen by Dr | |
| social worker intervention ³ limited ³ ⁵ extended ⁵ | |
| isolation respiratory negative vent | |

IV STARTS ³lock³ ⁴IV fluid⁴

| | | | | | | |
|------|---|------|-------|----------|---------------|------|
| TIME | # | site | gauge | attempts | complications | INIT |
| | | | | | | |

IV / MEDICATION INFUSION RECORD

| Start Time | Solution / Med | Type / Pump | Rate ml / hr | Stop Time | Amount Infused | INIT |
|------------------------------|----------------|-------------|--------------|-----------|----------------|------|
| | | | | | | |
| Response: no change improved | | | | | | |
| Response: no change improved | | | | | | |
| Response: no change improved | | | | | | |

MEDICATIONS
★ ASA / antibiotics / thrombolytics / pneumovax

| Time | Medication | Dose | Route | Site | INIT |
|------------------------------|------------|------|-------|------|------|
| | | | | | |
| Response: no change improved | | | | | |
| Response: no change improved | | | | | |
| Response: no change improved | | | | | |
| Response: no change improved | | | | | |
| Response: no change improved | | | | | |

¹immunizations¹ ²OTC² ³prescription PO / SL / TOPICAL³
⁴parenteral meds⁴ ⁵blood products⁵ ^{cc}crit care med^{cc}

PROCEDURES

| | |
|---|------|
| TIME | INIT |
| 12-lead EKG performed notified | |
| bronchodilator treatment nebulizer inhaler | |
| x ³ I ³ | |
| x ⁴ 2 ⁴ | |
| x ⁵ 3 ⁵ | |
| ³ Foley ³ fr. mL return | |
| lab drawn / sent by ED tech / ³ nurse ³ / lab | |
| ² clean catch ² / ² urine pregnancy test ² results back | |
| ABG drawn by nurse / MD / RT | |
| ★ blood Cx drawn | |
| awaiting physician review | |
| to Xray ³ single ³ ⁴ multi ⁴ w/ ⁵ monitor ⁵ / ⁵ nurse ⁵ / O ₂ / tech | |
| return to room | |
| ★ to cath lab for PCI / other | |

VITAL SIGNS

| TIME | BP | P | RR | T | SaO ₂ | GCS | Pain | Pupils | INIT |
|------|----|---|----|---|------------------|-----|------|--------|------|
| | | | | | | | /10 | | |
| | | | | | | | /10 | | |
| | | | | | | | /10 | | |
| | | | | | | | /10 | | |

RESPIRATORY REASSESSMENT

| | | | | | |
|------------------|--|--|--|--|--|
| TIME | | | | | |
| Pulse Ox | | | | | |
| Respiratory Rate | | | | | |
| Pulse | | | | | |
| Breath Sounds | | | | | |
| Peak Flow | | | | | |
| INIT | | | | | |

ADDITIONAL NOTES

INTAKE _____ **OUTPUT** _____
 ___IV / saline lock discontinued: Total Amt Infused _____
 _____ Time _____ Initials _____

PROPERTY TO:
 ___patient ___family ___security ___safe ___see patient belongings list

DISPOSITION
 ___discharged home police nursing home ³ME³ ³funeral home³
 ___verbal / written instructions / ³RX given³ to: patient _____
 ___verbalized understanding
 ___^learning barriers addressed
 ___accompanied by / driver _____

⁵admitted / transferred⁵ to _____
 ___report to _____ time _____
 ___transfer documentation completed
 ___notified family / police / ME _____
 ___¹left AMA / LWBS¹ signed AMA sheet refused _____
 ___physician notified of: _____

Discharge Vitals
 BP _____ HR _____ RR _____ Temp _____ SaO₂ _____
 ___pain level at discharge ___/10

CONDITION
 ___unchanged ___improved ___stable ___other _____
 Depart Time _____ Mode: walk crutches W/C stretcher ambulance

Discharge Nurse Signature _____
 Continuation Sheet Highest E / M Level

| SIGNATURE | INITIAL |
|-----------|---------|
| | |
| | |
| | |